

## A Magical Start to the Year



It turns out that January is a magical month. First, January 16 is Appreciate a Dragon Day. In Eastern cultures, dragons are powerful beings of wisdom, magic, and longevity, and their symbolism is often used by emperors and leaders. European cultures tend to view dragons as fearsome

fire-breathing foes. These winged beasts can fly, and perhaps this is why the word *dragon* comes from a Greek word meaning "I see clearly," as if dragons can see the entire world from above.

Then January 19 is Brew a Potion Day. Potions are believed to heal, bewitch, or poison others. In olden days, traveling salesmen and charlatans would travel across the land selling snake oil panaceas, promising to heal any and every possible ailment. Even in modern times, we see television infomercials selling products guaranteed to clear our skin, regrow our hair, or clean our upholstery. In lieu of these potions, concoct your own magical mixture or recipe and give it to someone you love on January 19.

If the magic of fantasy is too far-fetched for you this month, you could instead engage in another sort of magic: January 2 is Science Fiction Day. The mysteries of science can sometimes be even more baffling than dragons and potions. After all, who could have foretold rovers roaming Mars? A person falling to Earth in a 24-mile free dive from the edge of space? The ability to hold a computer in the palm of your hand? Of course, all of these achievements are mere science. For them to become science *fiction*, the scientific advancement must present some dreadful and unforeseen challenge.

This January, the biggest challenge may be to allow your imagination to take flight and consider dragons, potions, and scientific calamities. Then February will bring us firmly back to Earth.

## January Birthdays

Those born between January 1–19 are Capricorns, the Sea Goat. Capricorn is the most stable and serious sign of the zodiac. Reliable, resourceful, and determined, Capricorns make excellent leaders and managers. Those born between January 20–31 are Aquarius, the Water Bearer. Witty, clever, and honest, Water Bearers desire independence above all and are not afraid to deviate from the crowd to pursue their own interests.

Isaac Asimov (author) – January 2, 1920  
Diane Keaton (actor) – January 5, 1946  
Zora Neale Hurston (author) – January 7, 1891  
Elvis Presley (musician) – January 8, 1935  
Vidal Sassoon (designer) – January 17, 1928  
Edgar Allan Poe (author) – January 19, 1809  
Ernest Borgnine (actor) – January 24, 1917  
Wayne Gretzky (athlete) – January 26, 1961  
Oprah Winfrey (TV host) – January 29, 1954  
Gene Hackman (actor) – January 30, 1930

### Windsor Manor January Birthday's

**Garland Kellogg, January 1<sup>st</sup>**

**Kadence Hazen, January 6<sup>th</sup>**

**Warren Moore, January 9<sup>th</sup>**

**Natasha Welch, January 13<sup>th</sup>**

**Carole Smith, January 17<sup>th</sup>**

**Janis Pyle, January 25<sup>th</sup>**

January 2025

# WINDSOR MANOR<sup>®</sup>

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**Happy New Year  
2025**

**Fun Activities**

**New Year's Day  
January 1<sup>st</sup>**

**Music by Dave Watson  
January 6<sup>th</sup>**

**Time of Joy Service  
January 12<sup>th</sup>**

**Movie at the Camelot  
(Charade)  
January 15<sup>th</sup>**

**Magic with Jonathan May  
January 21<sup>st</sup>**

**Shopping trip to Ames  
January 22<sup>nd</sup>**

**Movie at the Camelot  
(McLintock)  
January 29<sup>th</sup>**

**Fitness Friday with Alisa  
Every Friday at 2:30**

**Shopping Every Thursday**

**Bingo  
Every Monday and Thursday**

## Down the Rabbit Hole in January

January is a significant month for *Alice in Wonderland* enthusiasts. Lewis Carroll, born Charles Lutwidge Dodgson, entered the world on January 27, 1832, and passed away on January 14, 1898. His famous tale, *Alice's Adventures in Wonderland*, began in 1862, during a boat trip where he entertained the Liddell children with an improvised story. Young Alice Liddell, the inspiration behind the heroine, urged Carroll to write it down. After two years of writing, the book was finished in 1864 and published the following year, quickly becoming a literary sensation.

The book introduced the world to memorable characters like the Mad Hatter, whose tea party never ends, and the grinning Cheshire Cat, who can disappear at will. Carroll even invented a new type of poetry, the "nonsense poem," one of the best examples of which is "Jabberwocky," which appears in *Through the Looking-Glass*, the sequel to *Alice's Adventures in Wonderland*.

What makes *Alice in Wonderland* so fascinating is its mix of wordplay, logic, and fantasy. Carroll was not just a writer but also a mathematician, which explains the whimsical logic and puzzling riddles that fill the story. His love of paradoxes and mathematical theories shines through in scenes like the Mad Hatter's tea party and the Queen's curious rules for croquet. This blend of intellectual play and imaginative adventure is what makes *Alice* a timeless favorite for readers of all ages.

January is a perfect time to embrace the whimsical world of *Alice in Wonderland*. Lewis Carroll's beloved tale, now over 150 years old, continues to captivate readers of all ages. The story has inspired countless adaptations, including theater productions, ballets, and even video games, cementing its place in pop culture. This January, whether by rereading the book or exploring a new adaptation, it's worth revisiting Wonderland to marvel at the unique genius of Carroll and his enduring creation.



### Staff Highlight

«Meet our medical secretary, Kaitlyn! »  
 "I have worked here at Windsor Manor in Nevada since January of 2021. My role here consists of being the Medical Secretary as well as being our lead resident assistant. I handle scheduling for our resident assistants, organizing resident files and a multitude of other tasks. I have worked in healthcare for a total of eight years, and I could not imagine doing anything else. I absolutely love being there for others and doing whatever I can to put a smile on their face. It is such an honor to be able to grow such close relationships here with our residents and to learn so much about them. This place really does feel like a second home for me."  
 •Kaitlyn is such a vital part of our team, and we are so thankful to have her as part of our Windsor Manor Family. ❤️🌟

Kaitlyn is Celebrating 4yrs as of January 19<sup>th</sup> of Being a part of our Windsor Manor family!

Thank you, Kaitlyn for all you do!

### The Language of Touch

The ingenious system of raised dots that are "read" through the fingertips by the blind is known as braille and is named for the Frenchman Louis Braille. As a student at the National Institute for Blind Youth in Paris, Braille loved to read and craved a wider variety of books. His mission was to create a new alphabet for the blind, and, at age 15, he developed braille. January 4, World Braille Day, celebrates his achievement and his birthday.

Braille based his alphabet on a secret military code developed by Captain Charles Barbier de la Serre for Napoleon's French army. This code of dots, known as *écriture nocturne*, or "night writing," was a way for soldiers to communicate silently and without a light at night. Barbier visited the Institute for Blind Youth in Paris to present his system. Braille quickly mastered Barbier's system, discovered its flaws, and developed his new system. When he presented his improvements to Barbier in person, the old army captain was incredulous and offended. History, however, has proven Braille's contribution to be as important as Gutenberg's printing press.

### Some New Things in 2025

**Bingo will now be Every Monday and Thursday at 3pm**

**Fitness Friday Every Friday at 2:30pm With Alisa**

**We have a new and Exciting Book Club that has started please let me know Mindee Know if you are interested in joining**

**We have a few people interested in playing cribbage or any other card game please see Mindee if you are interested**

### Brain Bending Fun



Rubik's Cubes keep our minds sharp.

Just as exercise is healthy for the body, brainteasers are healthy for the brain. Flex your gray matter by answering some of these brainteasers below:

1. A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?
2. In 1990, a person is 15 years old. In 1995, that same person is 10 years old. How could this be?
3. Before Mount Everest was discovered, what was the highest mountain in the world?

Is your mind too cluttered with irrelevant minutiae to solve January's brainteasers? Never fear. Another little-known fact is that January 4 is Trivia Day, a day to demonstrate the remarkable benefits of random knowledge. Make some room in your head for these curious tidbits:

- *Dreamt* is the only English word that ends with the letters *mt*.
- Hydrox cookies debuted in 1908, four years before Oreos.
- Tigers have striped skin, not just striped fur. The pattern of stripes is unique to each tiger, similar to human fingerprints.

Answers: 1. He walked; the river is frozen. 2. The person was born in 2005 BC. 3. Mount Everest; it was the highest mountain even before it was discovered.

### Dial Up the Nonsense

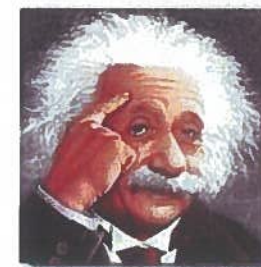
While some people believe that Inane Answering Message Day on January 30 is a day to revise any long, annoying, or otherwise inane answering messages, many believe it is the perfect day to put a smile on your caller's face by recording a silly message for their listening pleasure. Below you'll find some wonderfully inane treasures to record on voicemail:

"Hello! You've reached the future. Your call is important, but right now, it's still the past where I am. Leave a message and I'll get back to you when the time's right."

"This is you-know-who. We are you-know-where. Leave your you-know-what you-know-when."

"You've reached [Name], where everything is made up and the points don't matter. Except your message. Your message definitely matters."

### Celebrate the Unusual



January 10 is the day to hug the nonconformist in your life—it's Peculiar People Day. The word *peculiar* is not an insult. Some of the most creative scientists and artists were known for their eccentricities. Albert

Einstein picked up cigarette butts off the street to collect tobacco for his pipe. Salvador Dalí gave lectures in a deep-sea diving suit to represent being submerged in the subconscious mind and walked an ant eater on a leash through the streets of Paris. Ben Franklin began his days with an "air bath," standing in front of an open window to catch a breeze in his birthday suit. All of these people may have shared a trait that psychologists call "cognitive disinhibition," a failure to ignore irrelevant information. While many filter out unhelpful information, creative types make offbeat connections all day long, leading to peculiarity, yes, but also wonderful innovations.