

Windsor Wire

January 2025

Windsor Manor Webster City – 1401 Wall Street Webster City, Iowa 50595 – 515-832-1188



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Executive Director – Jodi Berns
Office Manager – Brianna Westendorf
Director of H&W – Bekah Jefferson
Dietary Director – Alisha Eighmy
Activities Director – Sydney Beem
Maintenance – Jeff Beem

Editor's Desk

Happy New Year, and welcome to 2025! As we step into this new chapter, it's the perfect time to reflect on the joys of the past year and set intentions for the one ahead. I wish all of you a year filled with purpose, connection, and happiness. Have you thought about ways to start the year off on a positive note? One idea is to focus on nurturing both your physical and mental well-being. Research continues to show that staying mentally engaged and learning new skills can do wonders for brain health. Picking up a new hobby, exploring an interest, or even taking part in a discussion group can improve focus, memory, and overall happiness. This month, why not challenge yourself to try one new activity? We will be having Friends Forever with us for exercise on January 10th. We will have resident council on Tuesday, January 14th. Myrt and Jerry will be here on Friday, January 17th. Bill Robb will be here on Friday, January 24th. If you have any questions, comments, or concerns leave a note on my desk and I'll get to it.



Thank you,

Sydney Beem

January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: **Capricorn & Aquarius**

Birthstone: **Garnet**

Flower: **Carnations**

Quote of the Day

Although no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending.

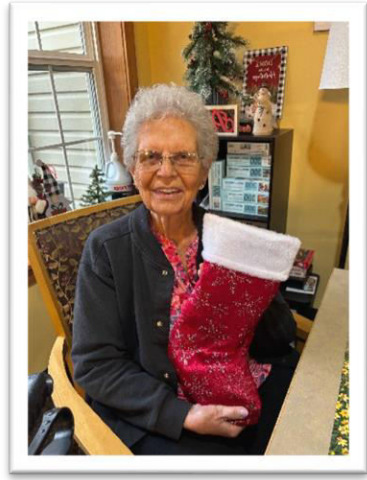
— Carl Bard

Christmas Gala!

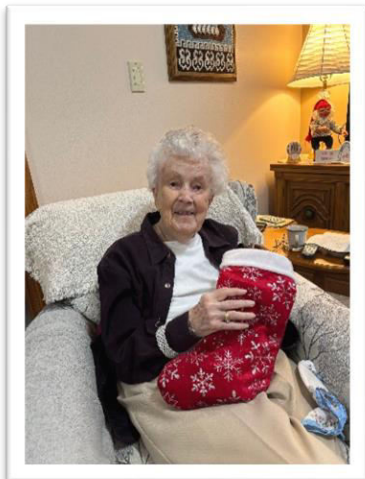
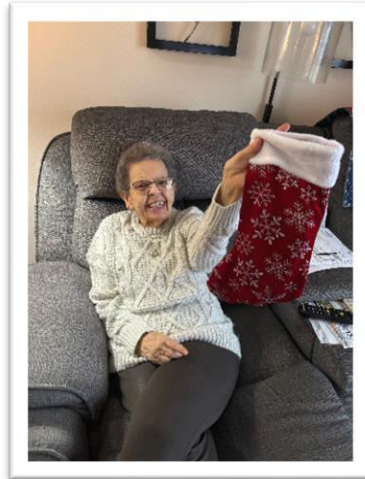
Residents and family's enjoying our Christmas Gala!



Christmas Gifts!



Residents getting their Christmas gifts from us here at Windsor Manor!



Upcoming Events

Friends Forever

Friday 10th of January 10:00am, Fireside Room

Resident's Meeting

Tuesday 14th of January 1:00pm, Dining Room

Entertainment: Myrt and Jerry B

Friday 17th of January 2:00pm, Dining Room

Entertainment: Bill Robb

Friday 24th of January 2:00pm, Dining Room



Regular Events

Happy Hour every Friday 3pm

Church Service every Sunday 1:15pm

Hairdresser every Wednesday

Men's Group every Saturday 3pm

Exercise everyday 10am

Special Days

- 1st Hot Tea Day
- 3rd Tolkien's Birthday
- 6th Epiphany
- 8th Elvis Presley's Birthday
- 12th Australian Open
- 19th Intl. Flower Day
- 20th MLK Day
- 21st Intl. Hug Day
- 23rd Sundance Film Festival
- 24th Robert Burns Day
- 26th Australia Day
- 27th Mozart's Birthday

January 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

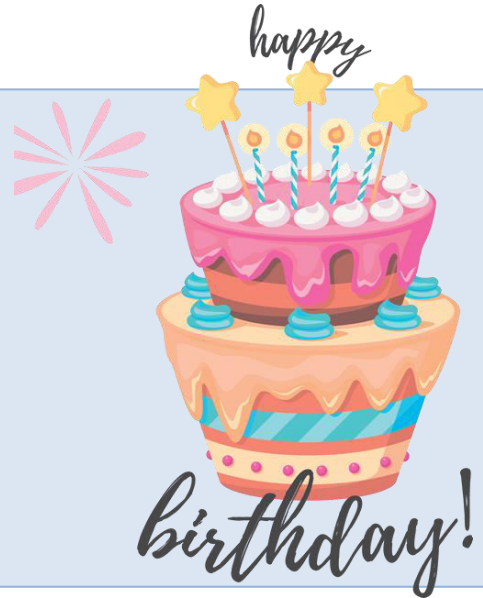
SATURDAY

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January Birthdays

In January, we celebrate birthdays with:

- Lois O: 01/14
- Jayci P: 01/17
- Danna B: 01/24
- Harry S: 01/26
- Lauryn K: 01/31



Martin Luther King Jr.

Born on January 15, 1929, Martin Luther King Jr. was a Baptist minister and leader of the American civil rights movement. Through nonviolent protests like the Montgomery Bus Boycott and his "I Have a Dream" speech, he fought to end racial segregation.

Awarded the Nobel Peace Prize in 1964, King remains a global symbol of justice and equality.

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

Famous First Flight

On January 21, 1976, the Concorde launched its first commercial flights, revolutionizing air travel. This supersonic jet, flying at twice the speed of sound, cut travel times in half and became an icon of luxury and innovation. The Concorde was retired in 2003.

WOW!

A Poem to Share

The New Year

by Ella Wheeler Wilcox

"What can be said in New Year rhymes,
That's not been said a thousand times?
The new year comes, the old year goes,
We know we dream, we dream we know.

We rise up laughing with the light,
We lie down weeping with the night.
We hug the world until it stings,
We curse it then and sigh for wings.

We live, we love, we woo, we wed,
We wreath our brides, we sheet our dead.
We laugh, we weep, we hope, we fear,
And that's the burden of a year."

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Adra Goettsch**

We hope that you enjoy your time here!

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Ruth Pals**

CULTURAL CELEBRATION

Wach for cultural celebrations throughout January, including learning more about Martin Luther King, Jr. and honoring his long-lasting legacy throughout America and the globe.

HAIRDRESSER

We have a hairdresser who attends every Wednesday. If you would like an appointment please talk to Jeanette or ask a staff member to write your name down.

HOLIDAY DECORATIONS

Now that the holiday hustle and bustle is over, we'll be taking down our twinkle lights and decorations. Be sure you pack up any holiday decorations in your home as well, including any wreaths or trees you might have put up for the season.

Laughing Matters



The Nun

A man suffers a serious heart attack and has bypass surgery. He awakes to find himself in the care of nuns at a Catholic hospital. A nun is seated next to his bed holding a clipboard with several forms and a pen.

NUN - Good morning! How are you going to pay for your hospital treatment - do you have health insurance?

PATIENT - No health insurance,

NUN - Do you have money in the bank?

PATIENT - No money in the bank.

NUN - Do you have a relative who could help you with the payments?

PATIENT - I only have a spinster sister and she is a nun.

NUN - (annoyed) Nuns are not spinsters! Nuns are married to God.

PATIENT - Then send the bill to my brother-in-law.

Sick Day

A man calls his boss and says "I can't come to work today"

The boss asks why and the man says "It's my eyes."

"What's wrong with your eyes?" asks his boss.

"I just can't see myself coming to work today."

Always find a reason to laugh –
it may not add years to your life but will surely add life to your years.

The Letter J Quiz

All the answers to this quiz start with the letter J!

- | | |
|---|---------|
| Caretaker of a building | J _____ |
| A medical condition that turns the skin yellow | J _____ |
| A knitted garment with long sleeves | J _____ |
| A person who writes for newspaper and magazines | J _____ |
| A portable pneumatic hammer or drill | J _____ |
| Specialized vocabulary | J _____ |
| Weary from excuses | J _____ |
| Highest lottery prize | J _____ |
| Fruit spread | J _____ |
| Knees, hips and elbows etc. | J _____ |
| Cheerful and friendly | J _____ |
| A place where scrap is collected | J _____ |
| A short tune used in advertising | J _____ |
| Japanese self-defense method | J _____ |
| Fatigue from air travel | J _____ |
| Dense tropical forest with tangled vegetation | J _____ |
| An Indonesian Island | J _____ |
| Woodworking trade | J _____ |
| Scoff rudely | J _____ |
| Seller of gems and precious metals | J _____ |

- 1 Janitor
- 2 Jaundice
- 3 Jersey
- 4 Journalist
- 5 Jackhammer
- 6 Jargon
- 7 Jaded
- 8 Jackpot
- 9 Jam
- 10 Joints
- 11 Jovial
- 12 Junkyard
- 13 Jingle
- 14 Jujitsu
- 15 Jetlag
- 16 Jungle
- 17 Java
- 18 Joinery
- 19 Jeer
- 20 Jeweler